January 1–December 31, 2024

2024 Sumary of Benefits

Kaiser Permanente Senior Advantage Medicare Medicaid Pueblo Plan (HMO D-SNP)

H0630_24SB024_M PBP #: 024 1130804814 SCO24



About this Summary of Benefits

Thank you for considering Kaiser Permanente Senior Advantage . You can use this **Summary of Benefits** to learn more about our plan. It includes information about:

- Premiums
- Benefits and costs
- Part D prescription drugs
- Additional benefits
- Member discounts for products and services
- Who can enroll
- Coverage rules
- Getting care
- Summary of Medicaid-covered benefits

For definitions of some of the terms used in this booklet, see the glossary at the end.

For more details

This document is a summary. It doesn't include everything about what's covered and not covered or all the plan rules. For details, see the **Evidence of Coverage (EOC)**, which is located on our website at **kp.org/eocsoco** or ask for a copy from Member Services by calling **1-800-476-2167** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

Have questions?

- If you're not a member, please call **1-877-408-3492** (TTY **711**).
- If you're a member, please call Member Services at 1-800-476-2167 (TTY 711).
- 7 days a week, 8 a.m. to 8 p.m.

What's covered and what it costs

*Your plan provider may need to provide a referral. †Prior authorization may be required. **If you are eligible for Medicare cost-sharing assistance under Medicaid, **you pay \$0**.

Benefits and premiums	You pay	
	With full Medicaid cost- sharing assistance	With partial Medicaid cost- sharing assistance
Monthly plan premium	\$0	\$0 – \$43
Deductible	None	None
Your maximum out-of-pocket responsibility If you are eligible for Medicare cost-sharing assistance under Medicaid, you aren't responsible for paying for Medicare Part A and Part B services. Doesn't include Medicare Part D drugs.	\$4,200	\$4,200
Inpatient hospital services*† There's no limit to the number of medically necessary inpatient hospital days.	\$0	\$0 ** or \$195 per day for days 1 through 5 of your stay and \$0 for the rest of your stay
Outpatient hospital services*†	\$0	\$0 ** or \$200 per visit
Ambulatory Surgical Center (ASC)*†	\$0	\$0 ** or \$125 per visit
Doctor's visits Primary care providers (PCPs) with Colorado Permanente Medical Group	\$0	\$0
 Preventive care Abdominal aortic aneurysm screening Alcohol misuse screenings & counseling Bone mass measurements (bone density) Cardiovascular disease screenings Cardiovascular disease (behavioral therapy) Cervical & vaginal cancer screening Colorectal cancer screenings (barium enemas, colonoscopies, fecal occult blood tests, flexible sigmoidoscopies, and multi-target stool DNA tests) Depression screenings Diabetes screenings Diabetes self-management training 	\$0 Any additional preventive services approved by Medicare during the contract year will be covered. See your EOC for frequency of covered services.	\$0 Any additional preventive services approved by Medicare during the contract year will be covered. See your EOC for frequency of covered services.

Benefits and premiums	You pay	
	With full Medicaid cost- sharing assistance	With partial Medicaid cost- sharing assistance
 Glaucoma tests Hepatitis B Virus (HBV) infection screenings Hepatitis C screening tests HIV screenings Lung cancer screenings Mammograms (screening) Medicare Diabetes Prevention Program Nutrition therapy services Obesity screenings & counseling One-time "Welcome to Medicare" preventive visit Prostate cancer screenings Sexually transmitted infections screenings & counseling Shots that include COVID-19 vaccines, flu shots, Hepatitis B shots and Pneumococcal shots Tobacco use cessation counseling 		
 Yearly "Wellness" visit Emergency care We cover emergency care anywhere in the world. 	\$0**	\$0 ** or \$120 per Emergency Department visit
Urgently needed services		
We cover urgent care anywhere in the world. Diagnostic services, lab, and imaging*	\$0	\$0
 Lab tests† Diagnostic tests and procedures (like EKG)† X-rays Other imaging procedures (like MRI, CT, and PET)† 	\$0	\$0
 Hearing services Evaluations to diagnose medical conditions Routine hearing exams Hearing aid fitting or evaluation exam 	\$0	\$0
Hearing aids*	\$1,500 allowance to buy 1 aid, per ear every 2 years. If your hearing aid costs more than \$1,500 per ear, you pay the difference .	
 Dental services Preventive and diagnostic dental care when provided by Delta Dental PPO[™] dentists (see the Provider Directory for network dentists): Oral exam (limited to two oral exams per year) Prophylaxis (limited to two cleanings per year) Topical fluoride (once in 12 months) Full mouth or panoramic X-rays (once per 60 months) 	\$0	\$0

Benefits and premiums	You pay	
	With full Medicaid cost- sharing assistance	With partial Medicaid cost- sharing assistance
 Bitewing X-rays (one set per 12 months) Periapical X-rays (four per 12 months) Occlusal X-rays (two per 12 months) Pulp vitality tests 		
Comprehensive dental care when provided by Delta Dental PPO TM dentists (see the Provider Directory for network dentists).		
 Covered services include fillings, crowns, extractions, dentures, endodontics, and periodontics. Please see EOC for details. For more information, visit https://healthy.kaiserpermanente.org/colorado/health- wellness/senior-health/extras. 	\$2,500 allowance per calendar year. If the combined preventive and comprehensive dental care you receive costs more than \$2,500 , you pay the difference.	
 Vision services Visits to diagnose and treat eye diseases and conditions Preventive glaucoma screening Routine eye exams 	\$0	\$0
 Eyeglasses or contact lenses after cataract surgery 	\$0 up to Medicare's limit, but you pay any amounts beyond that limit.	
Other eyewear	\$475 allowance every year. If your eyewear costs more than \$475, you pay the difference .	
 Mental health services Inpatient mental health*† 	\$0	\$0 ** or \$195 per day for days 1 through 5 of your stay and \$0 for the rest of your stay
Outpatient group and individual therapy	\$0	\$0
Skilled nursing facility *† We cover up to 100 days per benefit period.	\$0	 Per benefit period: \$0 per day for days through 20 \$0** or \$203 per day for days 21 through 41 \$0 per day for days 42 through 100
Physical therapy	\$0	\$0

Benefits and premiums	You pay	
	With full Medicaid cost- sharing assistance	With partial Medicaid cost- sharing assistance
Ambulance†	\$0	\$0 ** or 20%
Transportation We cover unlimited one-way trips per calendar year (limited to 55 miles one way) to get you to or from a plan provider when provided by our transportation provider. For more information, visit https://healthy.kaiserpermanente.org/colorado/health- wellness/senior-health/extras.	\$0 for unlimited one-way trips per calendar year to get you to and from plan providers.	
Medicare Part B drugs † Medicare Part B drugs are covered when you get them from a plan provider. See the EOC for details.	\$0	\$0

Medicare Part D prescription drug coveraget

Most persons who are entitled to Medicaid benefits also get Extra Help from Medicare to pay for their prescription drug plan costs. Medicare provides Extra Help to pay prescription drug costs for people who have limited income and resources. If you are entitled to Extra Help, the deductible and coinsurance discussed below do not apply to you; instead please refer to the **Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs**.

You may get up to a 90-day supply from a plan pharmacy, including our mail-order pharmacy except as noted:

- A supply greater than a 30-day supply isn't available for all drugs.
- Not all drugs can be mailed.
- If you live in a long-term care facility and get your drugs from their pharmacy, you can get up to a 31-day supply.
- If you get covered Part D drugs from a non-plan pharmacy, you can get up to a 30-day supply. Generally, we cover drugs filled at a non-plan pharmacy only when you can't use a network pharmacy, like during a disaster. See the **Evidence of Coverage** for details.

Deductible stage

You must pay the full cost for your Part D drugs until you have spent **\$545** on your drugs in 2024. Then you move on to the initial coverage stage. The deductible doesn't apply to covered insulin products and most adult Part D vaccines, including shingles, tetanus, and travel vaccines.

Initial and catastrophic coverage stages

During the initial coverage stage, you pay **25%** coinsurance for your Part D drugs during 2024 unless you reach the catastrophic coverage stage.

If you or others on your behalf spend **\$8,000** on your Part D prescription drugs in 2024, you'll enter the catastrophic coverage stage. Most people never reach this stage, but if you do, you pay nothing for covered drugs in 2024.

Additional benefits

These benefits are available to you as a plan member:	You pay
Over-the-counter (OTC) items We cover OTC items listed in our OTC catalog for free home delivery. You may order OTC items each quarter of the year (January, April, July, October) up to the quarterly benefit limit shown in the right column. Each order must be at least \$35. For more information, visit https://healthy.kaiserpermanente.org/colorado/health- wellness/senior-health/extras.	\$0 up to the \$100 quarterly benefit limit.
In-home support We cover 8 hours of non-medical, in-home support services every month to address assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) within the home. See the EOC for details. For more information, visit https://healthy.kaiserpermanente.org/colorado/health- wellness/senior-health/extras.	\$0

Member discounts for products and services

Kaiser Permanente partners with leading companies to support your health, safety, and well-being — and offer substantial savings and discounts.

Lively[™] Mobile Plus

Get a personal emergency response system that provides 24/7 help with the push of a button. Receive a reduced one-time device fee and choice of two monthly service plans (coverage limits may apply). Visit **greatcall.com/KP** or call **1-800-205-6548** (TTY **711**) for more information.

CareLinx

Kaiser Permanente has partnered with CareLinx to provide you with a discount for purchasing nonmedical, in-home help with daily activities. Your caregiver can help you live an independent lifestyle in your own home by assisting with light housekeeping, meal preparation, companionship and more.

Visit **kp.org/homesupport/co** or call toll-free **1-844-636-4592** Monday-Friday, 7 a.m. – 6 p.m., and on weekends, 9 a.m. – 5 p.m.

Comfort Keepers® in-home care and assistance

In-home care services to help you maintain independence at home with everything from 24-hour care, respite, meal preparation, and light housekeeping. Receive a discount on all services and get a free in-home safety assessment. Visit **comfortkeepers.com/kaiser-permanente** or call **1-800-611-9689** (TTY **711**) for more information.

Mom's Meals® healthy meal delivery

Getting the right nutrition is essential to achieving and maintaining good health. Receive delivery of refrigerated ready-to-heat-and-eat meals to homes nationwide. Crafted by chefs and registered dietitians, meals are medically tailored to support most major chronic conditions and overall wellness. Kaiser Permanente members enjoy discounted pricing and free shipping from Mom's Meals. Visit **momsmealsnc.com** or call **1-866-224-9483** (TTY **711**) for more information.

Kaiser Permanente members may continue to use or select these products or services from any company of their choice but Kaiser Permanente discounts are only available with the partner listed above. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Kaiser Permanente Senior Advantage grievance process. BEST BUY HEALTH, GREATCALL, LIVELY and LINK are trademarks of Best Buy and its affiliated companies. ©2022 Best Buy. All rights reserved.

Who can enroll

You can sign up for this plan if:

- You have both Medicare Part A and Part B. (To get and keep Medicare, most people must pay Medicare premiums directly to Medicare. These are separate from the premiums you pay our plan.)
- You have Medicaid benefits.
- You're a citizen or lawfully present in the United States.
- You live in the service area for this plan, which includes all of Pueblo county.

Coverage rules

We cover the services and items listed in this document and the Evidence of Coverage, if:

- The services or items are medically necessary.
- The services and items are considered reasonable and necessary according to Original Medicare's standards.
- You must choose a Colorado Permanente Medical group physician for primary care. Please view our Provider Directory for participating providers.
- You get all covered services and items from plan providers listed in our **Provider Directory** and **Pharmacy Directory**. But there are exceptions to this rule. We also cover:
 - Care from plan providers in another Kaiser Permanente Region
 - o Emergency care
 - Out-of-area dialysis care

- Out-of-area urgent care (covered inside the service area from plan providers and in rare situations from non-plan providers)
- Referrals to non-plan providers if you got approval in advance (prior authorization) from our plan in writing
- Routine care from a Colorado Permanente Medical Group (CPMG) physician at a Kaiser Permanente medical office in our Denver Metropolitan or Northern Colorado service areas

Note: You pay the same plan copays and coinsurance when you get covered care listed above from non-plan providers. If you receive non-covered care or services, you must pay the full cost.

For details about coverage rules, including non-covered services (exclusions), see the **Evidence of Coverage**.

Getting care

At most of our plan facilities, you can usually get all the covered services you need, including specialty care, pharmacy, and lab work. To find our provider locations, see our **Provider Directory** or **Pharmacy Directory** at **kp.org/directory** or ask us to mail you a copy by calling Member Services at **1-800-476-2167** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Your personal doctor

Your personal doctor (also called a primary care physician) will give you primary care and will help coordinate your care, including hospital stays, referrals to specialists, and prior authorizations. Most personal doctors are in internal medicine or family practice. You must choose one of our available Colorado Permanente Medical Group plan providers to be your personal doctor. You can change your doctor at any time and for any reason. You can choose or change your doctor by calling **1-855-208-7221** (TTY **711**), weekdays 7 a.m. to 5:30 p.m. or at **kp.org**.

Help managing conditions

If you have more than one ongoing health condition and need help managing your care, we can help. Our case management programs bring together nurses, social workers, and your personal doctor to help you manage your conditions. The program provides education and teaches self-care skills. If you're interested, please ask your personal doctor for more information.

Notices

Appeals and grievances

You can ask us to provide or pay for an item or service you think should be covered by submitting a claim to us within a specific time period that includes the date you received the item or service. If we say no, you can ask us to reconsider our decision. This is called an appeal. You can ask for a fast

decision if you think waiting could put your health at risk. If your doctor agrees, we'll speed up our decision.

If you have a complaint that's not about coverage, you can file a grievance with us. See the **Evidence of Coverage** for details about the processes for making complaints and making coverage decisions and appeals, including fast or urgent decisions for drugs, services, or hospital care.

Privacy

We protect your privacy. See the **Evidence of Coverage** or view our **Notice of Privacy Practices** on **kp.org/privacy** to learn more.

Summary of Medicaid-covered benefits

The benefits described below are covered by Medicaid. For each benefit listed below, you can see what Medicaid covers and what our plan covers. What you pay for covered services may depend on your level of Medicaid eligibility. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Health First Colorado (Colorado's Medicaid program) at **1-303-866-3513** or toll-free **1-800-221-3943** if outside the Denver Metropolitan area. TTY users should call **711**.

**If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0.

	Kaiser Permanente Senior Advantage Medicare Medicaid Pueblo Plan		
Benefit	enefit Medicaid State Plan	With full Medicaid cost-sharing assistance	With partial Medicaid cost- sharing assistance
Inpatient Hospital Care	\$0 No limits.	\$0	Per admission, you pay \$0 ** or \$195 copay per day for days 1 through 5. You pay nothing per day for days 6 and beyond.
Inpatient Mental Health Care	\$0 . No limits.	\$0	\$0 ** or \$195 copay per day for days 1 through 5. You pay nothing per day for days 6 through 90.
Skilled Nursing Facility (SNF)	\$0 Medicaid covers additional days. Medicare covers up to 100 days per benefit period.	\$0	Per benefit period, you pay nothing for days 1 through 20. \$0 ** or \$203 copay per day for days 21 through 41 per benefit period. \$0 per day for days 42 through 100.
Home Health Care	\$0 For a member's acute care home health needs lasting 60 days or less, members can get all necessary services without prior authorization or	\$0	\$0

		Kaiser Permanente Senior Advantage Medicare Medicaid Pueblo Plan	
Benefit	Medicaid State Plan	With full Medicaid cost-sharing assistance	With partial Medicaid cost- sharing assistance
	approval. Members can get longer home health if you develop a new issue or a current problem gets worse.		
	For member's long-term home health needs, you must get prior authorization or approval. Prior authorization is approved for 6-12 months at a time, but a client can get an unlimited number of prior authorizations.		
Hospice	\$0 . No more than 9 months.	\$0	\$0
Doctor Office Visits	\$0 . One visit to a provider for the same issue per day.	\$0	\$0
Podiatry Services	Routine Foot Care: \$0 . 1 service every 60 days.	\$0 per visit for services covered by Medicare.	\$0 per visit for services covered by Medicare.
	Acute care (serious) issues allow any amount of medically necessary podiatric services.	\$0 for up to 4 routine podiatry visits every year.	\$0 for up to 4 routine podiatry visits every year.
Outpatient Mental Health Care	\$0 . No limits.	\$0	\$0
Outpatient Substance Abuse Care	\$0 . No limits.	\$0	\$0
Outpatient Services/Surgery	\$0 . No limits.	\$0	\$0 ** or \$125 copay at Ambulatory Surgery Center.

		Kaiser Permanente Senior Advantage Medicare Medicaid Pueblo Plan	
Benefit	Medicaid State Plan	With full Medicaid Wi cost-sharing Me	With partial Medicaid cost- sharing assistance
			\$0 ** or \$200 copay at Outpatient Hospital.
Ambulance Services	\$0 . No limits.	\$0	0%** or 20% coinsurance.
Emergency Department visits	\$0 if determined an emergency; \$8 per visit if not emergency. No limits.	\$0	\$0** or \$120 copay.
Urgently Needed Care	\$0 if not part of an emergency room. No limits.	\$0	\$0
Outpatient Rehabilitation Services	\$0 . Some daily and annual limits apply.	\$0	\$0
Durable Medical Equipment	\$0 . No limits.	\$0	0%** or 20% of the cost.
Diagnostic Tests, X-Rays, Lab Services, and Radiology Services	\$0 . No limits. Dental X-rays do not have a copayment.	\$0	\$0
Colorectal Screening Exams	\$0 . No limits.	\$0	\$0
Immunizations (no travel immunizations)	\$0	\$0	\$0
Mammograms	\$0 . 1 screening per year.	\$0	\$0
Pap Smears and Pelvic Exams	\$0 . 1 test/exam per year.	\$0	\$0
Prostate Cancer Screening Exams	\$0 . 1 exam per year.	\$0	\$0

		Kaiser Permanente Senior Advantage Medicare Medicaid Pueblo Plan	
Benefit	Medicaid State Plan	With full Medicaid cost-sharing assistance	With partial Medicaid cost- sharing assistance
Prescription Drugs	\$0	\$0	25% for Medicare Part D drugs during the Initial Coverage Stage if you do not qualify for "Extra Help" and \$0 for covered Part D drugs in the Catastrophic Coverage Stage.
Dental Services	\$0 up to a \$1,000 benefit limit per state fiscal year, which runs from July 1-June 30.	\$0 for preventive and diagnostic services (such as cleanings) and comprehensive dental services (such as fillings, crowns, extractions, dentures, endodontics, and periodontics. Please see EOC for details).	\$0 for preventive and diagnostic services (such as cleanings) and comprehensive dental services (such as fillings, crowns, extractions, dentures, endodontics, and periodontics. Please see EOC for details).
		\$2,500 allowance per calendar year for combined preventive and comprehensive dental services.	\$2,500 allowance per calendar year for combined preventive and comprehensive dental services.
Hearing Aids	 \$0 Hearing aids: 1 set per 3-5 years. Covers supplies. Replacements expected every 3-5 years. Hearing aids may be replaced when they no longer fit or have been lost or stolen. No ear molds for swimming/noise reduction. 	Hearing aid fitting/evaluation: \$0 Hearing aid: \$1,500 per ear every two years. If the hearing aid you purchase costs more than \$1,500 per ear, you pay the difference.	Hearing aid fitting/evaluation: \$0 Hearing aid: \$1,500 per ear every two years. If the hearing aid you purchase costs more than \$1,500 per ear, you pay the difference.

		Kaiser Permanente Senior Advantage Medicare Medicaid Pueblo Plan	
Benefit	Medicaid State Plan	With full Medicaid cost-sharing assistance	With partial Medicaid cost- sharing assistance
	Replacement for current cochlear implant if broken/lost.		
Vision Services	\$0 . No limit. Vision care benefit includes medically necessary eye exams, glasses and contact lenses only after	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$0	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$0
	surgery.	Routine eye exam: \$0 Eyeglasses or contact lenses after cataract surgery: \$0 up to Medicare's limit. Eyeglasses or contact lenses: \$475 allowance per year. You pay any amounts that exceed \$475 .	Routine eye exam: \$0 Eyeglasses or contact lenses after cataract surgery: \$0 up to Medicare's limit. Eyeglasses or contact lenses: \$475 allowance per year. You pay any amounts that exceed \$475 .
Preventive physical exams	\$0 1 annual physical per year.	\$0	\$0
Transportation	 \$0 Non-Emergent Medical Transport is only available when member has no other means of transportation. Rides to medical appointments. 	\$0 for unlimited one-way trips to get you to and from plan providers.	\$0 for unlimited one-way trips to get you to and from plan providers.

There may be limits and exclusions for some Medicaid State Plan benefits.

Helpful definitions (glossary)

Allowance

A dollar amount you can use toward the purchase of an item. If the price of the item is more than the allowance, you pay the difference.

Benefit period

The way our plan measures your use of skilled nursing facility services. A benefit period starts the day you go into a hospital or skilled nursing facility (SNF). The benefit period ends when you haven't gotten any inpatient hospital care or skilled care in an SNF for 60 days in a row. The benefit period isn't tied to a calendar year. There's no limit to how many benefit periods you can have or how long a benefit period can be.

Calendar year

The year that starts on January 1 and ends on December 31.

Coinsurance

A percentage you pay of our plan's total charges for certain services or prescription drugs. For example, a 20% coinsurance for a \$200 item means you pay \$40.

Copay

The set amount you pay for covered services — for example, a \$20 copay for an office visit.

Deductible

It's the amount you must pay for Medicare Part D drugs before you will enter the initial coverage stage.

Evidence of Coverage

A document that explains in detail your plan benefits and how your plan works.

Maximum out-of-pocket responsibility

The most you'll pay in copays or coinsurance each calendar year for services that are subject to the maximum. If you reach the maximum, you won't have to pay any more copays or coinsurance for services subject to the maximum for the rest of the year.

Medically necessary

Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

Non-plan provider

A provider or facility that doesn't have an agreement with Kaiser Permanente to deliver care to our members.

Plan

Kaiser Permanente Senior Advantage.

Plan premium

The amount you pay for your Senior Advantage health care and prescription drug coverage.

Plan provider

A plan or network provider can be a facility, like a hospital or pharmacy, or a health care professional, like a doctor or nurse.

Primary care provider

Your personal doctor (also called a primary care physician) will give you primary care and will help coordinate your care, including hospital stays, referrals to specialists, and prior

authorizations. You must choose one of our available Colorado Permanente Medical Group plan providers to be your personal doctor.

Prior authorization

Some services or items are covered only if your plan provider gets approval in advance from our plan (sometimes called prior authorization). Services or items subject to prior authorization are flagged with a † symbol in this document.

Region

A Kaiser Foundation Health Plan organization. We have Kaiser Permanente Regions located in Northern California, Southern California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, and Washington, D.C.

Retail plan pharmacy

A plan pharmacy where you can get prescriptions. These pharmacies are usually located at plan medical offices.

Kaiser Permanente is an HMO D-SNP plan with a Medicare contract and a contract with the state Medicaid program. Enrollment in Kaiser Permanente depends on contract renewal. This contract is renewed annually by the Centers for Medicare & Medicaid Services (CMS). By law, our plan or CMS can choose not to renew our Medicare contract.

Kaiser Permanente's pharmacy network includes limited lower-cost, preferred pharmacies in El Paso, Fremont, Pueblo and Teller Counties in Colorado. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, please call **1-800-476-2167** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m. or consult the online pharmacy directory at **kp.org/directory**.

For information about Original Medicare, refer to your **"Medicare & You"** handbook. You can view it online at **medicare.gov** or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, 7 days a week. TTY users should call **1-877-486-2048**.

Notice of Nondiscrimination

Kaiser Permanente complies with applicable Federal and Colorado state civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, gender expression, or any other basis protected by applicable federal or state laws. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters.
 - o Written information in other formats, such as large print, audio, and accessible electronic formats.
- Provide no cost language services to people whose primary language is not English, such as:
 - o Qualified interpreters.
 - o Information written in other languages.

If you need these services, call 1-800-632-9700 (TTY 711).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity or gender expression, you can file a grievance by mail at: Customer Experience Department, Attn: Kaiser Permanente Civil Rights Coordinator, 10350 E. Dakota Ave, Denver, CO 80247, or by phone at Member Services **1-800-632-9700** (TTY **711**). You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf**, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, (TTY **1-800-537-7697**). Complaint forms are available at **hhs.gov/ocr/office/file/index.html**.

Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-476-2167** (TTY **711**). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al **1-800-476-2167** (TTY **711**). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。 如果您需要此翻译服务,请致电 1-800-476-2167 (TTY 711)。我们的中文工作人员很乐意帮助 您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-476-2167 (TTY 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa **1-800-476-2167** (TTY **711**). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurancemédicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au **1-800-476-2167** (TTY **711**). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-476-2167 (TTY 711). sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter **1-800-476-2167** (TTY **711**). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

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Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-476-2167 (TTY 711). 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону **1-800-476-2167** (ТТҮ **711**). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY 711) TT80-476-478. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-476-2167 (TTY 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero **1-800-476-2167** (TTY **711**). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número **1-800-476-2167** (TTY **711**). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-476-2167** (TTY **711**). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer **1-800-476-2167** (TTY **711**). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、 1-800-476-2167 (TTY 711).にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

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