A BETTER WAY TO **VISION CARE**

At Kaiser Permanente (KP), our integrated vision care can mean better chronic condition management and lower health costs.¹



Get more out of an eye exam. Our eye exams are more comprehensive than a simple eye exam. They can reveal other hidden conditions such as:

- Chronic conditions such as diabetes and high blood pressure
- Eye conditions such as glaucoma and cataracts
- Neurological disorders such as MS and brain tumors



KP doctors are on the same, connected team. Health issues uncovered during the eye exam are seamlessly routed to a KP physician who can continue the care. This also means no paperwork for members.

• Eye health is a part of our KP member's medical record, so our doctors have the relevant medical information at their fingertips.

Increased engagement in total health.



A KP optical benefit can increase the frequency at which employees have the health of their eyes examined.²

- Studies show that people often visit their eye care providers more frequently than their primary care providers.¹
- KP members with an optical benefit are 3x more likely to visit an Optometrist than those without a KP optical benefit.²

¹ Source: Modern Healthcare, June 2015. "Optometrists eye bigger role in managing chronic conditions." https://www.modernhealthcare.com/article/20150620/magazine/306209963

² Source: Actual data from KP members (Health Connect) in northern California, 2016-2017.

Kaiser Permanente members typically have coverage for medically necessary eye examinations, and some members, including those members with the pediatric vision benefit under their Affordable Care Act plan, may be able to apply a supplemental benefit to their purchases. Otherwise, the services and products described here are provided on a fee-for-service basis, separate from and not covered under your health plan benefits, and you are financially responsible to pay for them. For specific information about your covered health plan benefits, please see your Evidence of Coverage. 12/2018





EMPLOYEES WON'T HAVE TO PAY A LOT FOR **GREAT EYEWEAR**



SAMPLE OUT-OF-POCKET COSTS FOR EYEGLASSES (with optical benefit plans 239 or 296)

- \$0 standard, plastic lenses included (single vision, bifocal or no-line progressives)
- \$0 frame up to \$150 included (over 400 frames at \$150 or less)
- \$0 out-of-pocket cost

DON'T SPEND A LOT TO SHOW EMPLOYEES YOU CARE

Adding a KP optical benefit is easy, since you already have KP as your medical carrier. Look for these optical benefits in your health plan options or ask your KP representative for competitive rates.

Separate Allowance Plans. Includes the cost of standard plastic lenses and a frame, or a contact lens allowance (up to \$130/\$150 depending on the plan).

PLANS	EYE EXAM	EYE GLASSES			CONTACT LENSES	
	Included in medical benefit	STANDARD, PLASTIC LENSES (Single vision, lined multifocal, or no-line progressive)	FRAME ALLOWANCE	FRAME FREQUENCY	ALLOWANCE (in lieu of glasses)	FREQUENCY
OPT 296	Included	Included	\$150	Every 12 months	\$150	Every 12 months
OPT 239	Included	Included	\$150	Every 24 months	\$150	Every 12 months
OPT 297	Included	Included	\$130	Every 12 months	\$130	Every 12 months
OPT 240	Included	Included	\$130	Every 24 months	\$130	Every 12 months

For groups over 500 members, we can also customize an optical benefit plan for you.

³ For \$69 glasses, choose from over 20 styles of frames, and get single vision, standard plastic lenses for \$49 (\$49 for the lenses plus a \$20 frame equals \$69). In southern California, for \$69 glasses, choose a \$19 frame with \$50 single vision, standard plastic lenses.

⁴ 30-day total satisfaction guarantee begins on the date you first get your glasses.

⁵ Some kp2020.org features are available in northern California only. Benefit eligibility and order status coming soon to kp2020.org in southern California.