

Live well, smile more with HDS.

Hawaii Dental Service (HDS) is the trusted, leading dental benefits provider in Hawaii, serving more than a million island residents.

Established in Hawaii for more than 60 years, HDS makes oral health a priority as it plays a critical role in overall wellness.

HDS DENTAL PLANS OFFER



PREVENTIVE SERVICES

Keep your smile healthy year-round with regular dentist visits. Get 100% coverage for two exams and two cleanings per calendar year.



THE LARGEST DENTIST NETWORK IN HAWAII AND NATIONWIDE

Use our Find a Dentist tool on our website to find an HDS participating dentist in Hawaii or the U.S. mainland.



LOCAL CUSTOMER SERVICE

Our HDS customer service team is based in Downtown Honolulu. They're experts in helping you understand your benefits and get the care you need.



24/7 ONLINE ACCESS TO YOUR ACCOUNT

View your benefits, track your claims, download your ID card, and find your next dentist.

