

2023

Over-the-Counter (OTC) Health and Wellness Products

KAISER PERMANENTE MEDICARE ADVANTAGE (HMO) PLANS



Products listed in this catalog are available through your over-the-counter (OTC) benefit. The items are current as of January 1, 2023 and are subject to change.

 **KAISER PERMANENTE®**

Mid-Atlantic Region

H2172_22_170_C

How to use your OTC Benefit

What can I order?

Over-the-counter (OTC) products in the 2023 OTC catalog can be ordered. For the most up-to-date listing of covered OTC products, go to kp.org/otc/mas.

Please refer to your Evidence of Coverage for details. OTC benefits may change each year on January 1. Each order must be at least \$25. Any unused portion of the quarterly benefit limit will not carry forward to the next quarter. Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply. Cash, check, credits cards, or money orders are not accepted.

It is important to note that the OTC products are intended for member's health and medical use only. The health information provided in this OTC catalog is general in nature and is not medical advice or a substitute for professional healthcare. Returns are not accepted due to the personal nature of these OTC products.

Ready to order? It's easy! Call or click

| | |
|----------|--|
| 1 | Confirm the amount of your quarterly OTC allowance by reviewing your Evidence of Coverage (EOC) |
| 2 | Choose items from the list of products within this catalog |
| 3 | Order in one of the following ways: <ul style="list-style-type: none">• Call 1-833-881-1422 Monday – Friday 8 a.m. – 7 p.m. EST• Visit kp.org/otc/mas <p>*Please have your member ID handy for phone or online orders*</p> |

Notices

- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- You must reside in the Kaiser Permanente health plan service area in which you enroll.

*Cannot ship to PO Boxes, Alaska, Hawaii, or Puerto Rico

Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under the plan, your personal physician or healthcare provider must recommend them to you for a specific diagnosed condition. Please speak to your physician or healthcare provider before ordering these items.

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Save time and money by ordering health and wellness products with your quarterly over-the-counter (OTC) credit offered with your Kaiser Permanente Senior Advantage (HMO) plan.

Braces & Supports

Back & Waist Support

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 2022 | CURAD Back Support with Dual-Pulley System, Black, S/M, 1Ct | Each | \$25.00 |
| 2021 | CURAD Back Support with Dual-Pulley System, Black, L/XL, 1Ct | Each | \$25.00 |
| 3925 | DMI Relax-A-Bac Lumbar Cushion | Each | \$35.00 |

DVT & Compression Therapy

| Item No. | Description | Pkg. | Price |
|----------|---|--------|---------|
| 3917 | Dr. Scholl's Diabetic and Circulatory Crew Socks, Black, Size Men's M/L | 1 Pair | \$20.00 |
| 3918 | Dr. Scholl's Diabetic and Circulatory Crew Socks, Black, Size Women's M/L | 1 Pair | \$20.00 |
| 1435 | CURAD Knee Compression Dress Sock 8-15mmHg Black M 1Pr | 1 Pair | \$25.00 |
| 1436 | CURAD Knee Compression Dress Sock 8-15mmHg Black Lg 1Pr | 1 Pair | \$25.00 |
| 1129 | CURAD Knee Compression Hosiery 8-15mmHg Tan M Regular 1Pr | 1 Pair | \$25.00 |
| 1128 | CURAD Knee Compression Hosiery 8-15mmHg Blk M Reg 1Pr | 1 Pair | \$25.00 |
| 2132 | Jobst Sensifoot Over-the-Calf Diabetic Sock White L 1Pr | 1 Pair | \$25.00 |
| 2156 | Jobst Sensifoot Over-the-Calf Diabetic Sock Black L 1Pr | 1 Pair | \$25.00 |

Elbow & Knee Support

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1176 | Medline Neoprene Slip-On Elbow Support, Black, S, 1Ct | Each | \$15.00 |
| 1175 | Medline Neoprene Slip-On Elbow Support, Black, M, 1Ct | Each | \$15.00 |
| 1174 | Medline Neoprene Slip-On Elbow Support, Black, L, 1Ct | Each | \$15.00 |
| 1512 | Medline Neoprene Slip-On Elbow Support, Black, XL, 1Ct | Each | \$15.00 |
| 1167 | CURAD Performance Elastic Pull-Over Knee Support, Beige, L, 1Ct | Each | \$10.00 |
| 1172 | Medline Knee Support with Removable U-Buttress, Black, S, 1Ct | Each | \$20.00 |
| 1171 | Medline Knee Support with Removable U-Buttress, Black, M, 1Ct | Each | \$20.00 |
| 1170 | Medline Knee Support with Removable U-Buttress, Black, L, 1Ct | Each | \$20.00 |
| 1742 | Medline Knee Support with Removable U-Buttress, Black, XL, 1Ct | Each | \$20.00 |

Hand & Wrist Support

| Item No. | Description | Pkg. | Price |
|----------|---|--------|---------|
| 1702 | CURAD Arthritis Relief Compression Gloves M, Gray 1Pair | 1 Pair | \$15.00 |
| 1701 | CURAD Arthritis Relief Compression Gloves L, Gray 1Pair | 1 Pair | \$15.00 |
| 1705 | Medline Carpal Tunnel Glove with Flexible Splint, Black, S, 1Ct | Each | \$25.00 |
| 1704 | Medline Carpal Tunnel Glove with Flexible Splint, Black, M, 1Ct | Each | \$25.00 |
| 1703 | Medline Carpal Tunnel Glove with Flexible Splint, Black, L, 1Ct | Each | \$25.00 |
| 1511 | CURAD Performance Elastic Pull-Over Wrist Support, Black, S, 1Ct | Each | \$5.00 |
| 1510 | CURAD Performance Elastic Pull-Over Wrist Support, Black, M 1Ct | Each | \$6.00 |
| 1184 | CURAD Performance Elastic Pull-Over Wrist Support, Black, L, 1Ct | Each | \$8.00 |
| 1509 | CURAD Performance Elastic Pull-Over Wrist Support, Black, XL, 1Ct | Each | \$5.00 |



1704

Medline Carpal Tunnel Glove with Flexible Splint M 1Ct

Breathable cotton/spandex with built-in beaded under-wrist cushion. Wear on either hand. Fits up to 3.75" wide knuckle.



1184

CURAD Performance Elastic Pull-Over Wrist Support L 1Ct

Slips on easily to support weak or injured wrist. Use on right or left wrist. Fits 7"-8.5" wrist circumference.

First Aid

Antibiotics & Antiseptics

| Item No. | Description | Pkg. | Price |
|----------|--|------------|---------|
| 1083 | CURAD Triple First Aid Antibiotic Ointment 1oz 1Ct | Each | \$6.00 |
| 1925 | CURAD Triple Antibiotic Ointment Pain Relief 1oz 1Ct | Each | \$8.00 |
| 1046 | Medi-First Antiseptic Spray 2oz 1Ct | Each | \$8.00 |
| 3559 | Medline 3% Hydrogen Peroxide 16oz Bottle 1Ct | Each | \$10.00 |
| 1073 | Medline 70% Isopropyl Alcohol 16oz 1Ct | Each | \$3.00 |
| 1044 | Medline Isopropyl Alcohol Prep Pad 1.125x2.375 200Ct | Box of 200 | \$5.00 |
| 2186 | Medline Isopropyl Alcohol Prep Pad 1.75x3 1Ct | Each | \$1.00 |

Bandages

| Item No. | Description | Pkg. | Price |
|----------|--|------------|--------|
| 1642 | CURAD Flex-Fabric Adhesive Bandages Fingertip 100Ct | Box of 100 | \$6.00 |
| 1042 | CURAD Flex-Fabric Adhesive Bandages Knuckle 100Ct | Box of 100 | \$6.00 |
| 1636 | CURAD Plastic Adhesive Bandages 3/4x3 80Ct | Box of 80 | \$5.00 |
| 1641 | CURAD Plastic Adhesive Bandages 2x4 50Ct | Box of 50 | \$6.00 |
| 1060 | CURAD Silicone Flex Fabric Bandage 0.75x3 20Ct | Box of 20 | \$6.00 |
| 1640 | Medline NS Swift-Wrap Elastic Bandages 2inx5yd 1Ct | Each | \$4.00 |
| 1063 | CURAD QuickStop! Flex-Fabric Bandages 0.75x2.83 30Ct | Each | \$6.00 |
| 1638 | CURAD QuickStop! Bandages Assorted Sizes 30Ct | Box of 30 | \$6.00 |
| 1057 | CURAD FlexSEAL Spray Bandage 1.35oz 1Ct | Each | \$8.00 |

Dressings & Gauze

| Item No. | Description | Pkg. | Price |
|----------|--|-----------|--------|
| 1637 | CURAD Sterile Nonstick Pad Medium 3x4 20Ct | Box of 20 | \$5.00 |

First Aid Kits

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 1056 | CURAD 175-Piece Complete First Aid Kit 1Ct | Each | \$15.00 |

Home Diagnostics

Blood Pressure & Accessories

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1099 | Medline Digital Blood Pressure Monitor with Univ Cuff 1Ct | Each | \$40.00 |
| 3704 | Medline Deluxe Digital Wrist Blood Pressure Monitor 1Ct | Each | \$20.00 |
| 2184 | Medline Talking Blood Pressure Monitor with Univ Cuff 1Ct | Each | \$20.00 |

Glucose Monitoring & Accessories

| Item No. | Description | Pkg. | Price |
|----------|---|------------|---------|
| 3978 | Medline Safety Lancet Push-Button 28Gx1.6mm 100Ct | Box of 100 | \$20.00 |
| 2182 | Adjustable Lancing Device | Each | \$5.00 |
| 3603 | Medline Insulin Pen Needle 32G x 4 mm 100Ct | Box of 100 | \$25.00 |
| 3712 | EVENCARE G2 Blood Glucose Test Strips 50Ct | Box of 50 | \$15.00 |

Oximeters

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 3698 | Soft Touch Fingertip Pulse Oximeter, Digital Display, Adult, Orange | Each | \$35.00 |

Test Kits

| Item No. | Description | Pkg. | Price |
|----------|-------------------------------|----------|---------|
| 3721 | HealthyMe UTI Test Strips 3Ct | Box of 3 | \$10.00 |

Thermometers & Accessories

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1100 | Medline Infrared Talking Ear / Forehead Thermometer, 1sec Read Time | Each | \$40.00 |
| 1094 | Medline Infrared No-Touch Forehead Thermometer 1Ct | Each | \$35.00 |
| 1088 | Medline Large Display Oral Digital Thermometer, 20sec Read Time 1Ct | Each | \$10.00 |
| 3465 | 30-Second Flex-Tip Oral Digital Stick Thermometer 1Ct | Each | \$10.00 |



1100

Medline Infrared Talking Ear / Forehead Thermometer

Takes fast, accurate body temperature readings via the ear or forehead. 6 languages. 2 AAA batteries included.



3465

30-Second Flex-Tip Oral Digital Stick Thermometer 1Ct

Get fast, accurate Fahrenheit or Celsius results in 30 seconds. Oral, axillary, rectal options. Case included.

Home Health Care

Batteries

| Item No. | Description | Pkg. | Price |
|----------|---|------|--------|
| 3933 | Duracell Hearing Aid Battery 675, Blue Tab, 1.5 V | Each | \$5.00 |

Bedside Care

| Item No. | Description | Pkg. | Price |
|----------|---|------|--------|
| 3562 | Medline Graphite Color Stack-A-Pan Bedpan 1Ct | Each | \$2.00 |

Medical Bracelets

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 1093 | Medline Stainless Medical Alert Bracelet Diabetic, 7.5in 1Ct | Each | \$12.00 |

Medical Containers

| Item No. | Description | Pkg. | Price |
|----------|---|------|--------|
| 1096 | Medline Sharps Biohazard Needle Container 1Qt 1Ct | Each | \$5.00 |

Medical Instruments

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 3981 | Medline Single-Head Stethoscope Black 1Ct | Each | \$10.00 |

Repellents

| Item No. | Description | Pkg. | Price |
|----------|---|------|--------|
| 1048 | Ben's DEET Tick and Insect Repellent 3.4oz 1Ct | Each | \$9.00 |
| 1075 | Natrapel DEET-Free Insect Repellent 3.4oz Spray 1Ct | Each | \$9.00 |

Scales

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1649 | Medline Mechanical Bathroom Floor Scale, 300lb Capacity 1Ct | Each | \$30.00 |
| 1648 | SlimTALK Talking Digital Floor Scale, 400lb Capacity 1Ct | Each | \$50.00 |
| 1087 | Conair Digital Food Scale, 11lb Capacity 1Ct | Each | \$35.00 |



1648

SlimTALK Talking Digital Floor Scale 400lb Capacity 1Ct

Low-profile platform with large display. English/Spanish voice option. 12.3"L x 14.3"W x 1.4"H. 3AAA batteries included.



1087

Conair Digital Food Scale 1Ct

Weigh items directly on the easy-clean glass top or use tare function and weigh in a bowl. Large screen displays weight in 1oz. increments. Battery included.

Incontinence

Briefs

| Item No. | Description | Pkg. | Price |
|----------|---|-----------|---------|
| 1416 | Medline Men's FitRight Underwear Heavy Absorb S/M 20Ct | Bag of 20 | \$20.00 |
| 1417 | Medline Men's FitRight Underwear Heavy Absorb L/XL 20Ct | Bag of 20 | \$20.00 |
| 1604 | Medline FitRight Bariatric Incontinence Brief 4XL 8Ct | Bag of 8 | \$20.00 |
| 1803 | Medline Ext Wear High-Capacity Disposable Brief S 30Ct | Bag of 30 | \$45.00 |
| 1802 | Medline Ext Wear High-Capacity Disposable Brief M 15Ct | Bag of 15 | \$25.00 |
| 1801 | Medline Ext Wear High-Capacity Disposable Brief L 15Ct | Bag of 15 | \$30.00 |
| 1804 | Medline Ext Wear High-Capacity Disposable Brief XL 15Ct | Bag of 15 | \$40.00 |
| 1425 | Medline FitRight Ultra Disposable Briefs S 20Ct | Bag of 20 | \$20.00 |
| 1113 | Medline FitRight Ultra Disposable Briefs M 20Ct | Bag of 20 | \$20.00 |
| 1112 | Medline FitRight Ultra Disposable Briefs L 20Ct | Bag of 20 | \$20.00 |
| 1114 | Medline FitRight Ultra Disposable Briefs XL 20Ct | Bag of 20 | \$20.00 |
| 1423 | Medline FitRight Ultra Disposable Briefs 2XL 20Ct | Bag of 20 | \$20.00 |
| 1408 | Medline FitRight Ultra Stretch Disp Brief M/Reg 20Ct | Bag of 20 | \$20.00 |
| 1791 | Medline FitRight Extra Disposable Brief S 20Ct | Bag of 20 | \$20.00 |
| 1789 | Medline FitRight Extra Disposable Brief M 20Ct | Bag of 20 | \$15.00 |
| 1788 | Medline FitRight Extra Disposable Brief L 20Ct | Bag of 20 | \$20.00 |
| 1792 | Medline FitRight Extra Disposable Brief XL 20Ct | Bag of 20 | \$20.00 |
| 1793 | Medline FitRight Extra Disposable Brief 2XL 20Ct | Bag of 20 | \$20.00 |

Liners & Pads

| Item No. | Description | Pkg. | Price |
|----------|--|-----------|---------|
| 1817 | Medline ContourPlus Bladder Pad Moderate 5.5x10.5 28Ct | Bag of 28 | \$15.00 |
| 1412 | Medline FitRight Bladder Pads 3.5x9 Light 20Ct | Bag of 20 | \$12.00 |
| 1413 | Medline FitRight Bladder Pad 4.3x11 Moderate 16Ct | Bag of 16 | \$12.00 |
| 1414 | Medline FitRight Bladder Pad 5.5x13.75 Maximum 10Ct | Bag of 10 | \$12.00 |
| 1415 | Medline FitRight Bladder Pad 5.5x15.75 Ultimate 10Ct | Bag of 10 | \$12.00 |
| 1411 | Medline FitRight ActivEdge Guards for Men Maximum 52Ct | Bag of 52 | \$15.00 |

Protective Underwear

| Item No. | Description | Pkg. | Price |
|----------|--|-----------|---------|
| 1606 | Medline FitRight Super Disposable Underwear M 20Ct | Bag of 20 | \$25.00 |
| 1607 | Medline FitRight Super Disposable Underwear L 20Ct | Bag of 20 | \$25.00 |
| 1608 | Medline FitRight Super Disposable Underwear XL 20Ct | Bag of 20 | \$25.00 |
| 1418 | Medline Women's FitRight Underwear Heavy Absorb S/M 20Ct | Bag of 20 | \$20.00 |
| 1419 | Medline Women FitRight Underwear Heavy Absorb L/XL 20Ct | Bag of 20 | \$20.00 |

Underpads

| Item No. | Description | Pkg. | Price |
|----------|---|-----------|---------|
| 1119 | Medline Pro Plus Best Polymer Underpad 23x36 10Ct | Bag of 10 | \$10.00 |
| 1427 | Premium Disposable Polymer Underpads 30x30 10Ct | Bag of 10 | \$12.00 |
| 1619 | Medline FitRight Underpad Heavy Absorbency 30x36 10Ct | Bag of 10 | \$12.00 |
| 1406 | Ultrasorbs Premium Underpads 23x36 10Ct | Bag of 10 | \$20.00 |
| 1407 | Ultrasorbs Premium Underpads 30x36 5Ct | Bag of 5 | \$12.00 |
| 1614 | Medline Sofnit 300 Reusable Underpad 34x36 Pink 1Ct | Each | \$15.00 |

Medications Over The Counter

Allergy & Sinus

| Item No. | Description | Pkg. | Price |
|----------|--|--------------|---------|
| 1012 | Medline Cetirizine Antihistamine Allergy Tablets 10mg 90Ct | Bottle of 90 | \$14.00 |
| 1024 | Fluticasone Propionate Nasal Spray 50mcg 1Ct | Each | \$22.00 |
| 1013 | Loratadine 24-Hr Non-Drowsy Allergy Relief Tablets 30Ct | Bottle of 30 | \$5.00 |
| 1022 | CURAD Breathe Clear Nasal Strips 30Ct | Box of 30 | \$12.00 |
| 1033 | Reliable-1 Saline Nasal Spray 3oz 1Ct | Each | \$6.00 |

Anti-Fungal & Anti-Itch

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1143 | Dr. Sheffield Antifungal Cream Tolnaftate 1% 1.25oz 1Ct | Each | \$6.00 |
| 1245 | Remedy Phytoplex Antifungal Powder Miconazole 3oz 1Ct | Each | \$10.00 |
| 1045 | Dr. Sheffield Anti-Itch Diphenhydramine Cream 1.2oz 1Ct | Each | \$5.00 |

Cough, Cold & Flu

| Item No. | Description | Pkg. | Price |
|----------|---|-----------|---------|
| 1026 | Medicated Chest Rub 3.53oz 1Ct | Each | \$7.00 |
| 1021 | GoodSense Sugar-Free Black Cherry Cough Drops 25Ct | Bag of 25 | \$3.00 |
| 1600 | GoodSense Cough Drops 7.5mg Menthol Honey Lemon 30Ct | Each | \$3.00 |
| 1034 | GoodSense Sore Throat Lozenges Cherry 18Ct | Box of 18 | \$5.00 |
| 3695 | Liquid Cough Syrup Guaiasorb DM 4oz 1Ct | Each | \$4.00 |
| 3708 | Geri-Tussin DM Guaifenesin Syrup with Dextromethorphan 16oz | Each | \$10.00 |
| 3700 | GeriCare Geri-Tussin Guaifenesin Syrup 100mg 1Ct | Each | \$10.00 |
| 1030 | Dr. Sheffield's 12-Hr Nasal Decongestant Spray 1oz 1Ct | Each | \$5.00 |
| 1602 | Major Sugar-Free Cherry Sore Throat Spray 6oz 1Ct | Each | \$7.00 |

Medication Aids

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 1986 | Medicine Pill Bottle Opener with Magnifying Glass 1Ct | Each | \$10.00 |
| 1984 | Medline Combo Medication Pill Crusher and Splitter 1Ct | Each | \$15.00 |
| 1091 | Medline 7-Day Pill Reminder Organizer 1Ct | Each | \$8.00 |
| 1695 | Medline 7-Day Pill Organizer Clear 1X/Day | Each | \$4.00 |
| 1698 | Medline 7-Day Pill Organizer Multicolor 2X/Day | Each | \$10.00 |
| 1697 | Medline EZ Push Button 7-Day Pill Organizer 1X/Day 1Ct | Each | \$5.00 |

Pain & Fever Relief

| Item No. | Description | Pkg. | Price |
|----------|--|---------------|--------|
| 1204 | Akron Acetaminophen Tablet Regular Strength 325mg 100Ct | Bottle of 100 | \$6.00 |
| 1715 | Medline Chewable Aspirin Tablets 81mg 36Ct | Bottle of 36 | \$3.00 |
| 1190 | Medline Adult Low-Dose Enteric Aspirin Tablet 81mg 120Ct | Bottle of 120 | \$5.00 |

| Item No. | Description | Pkg. | Price |
|----------|--|---------------|---------|
| 1207 | Acetaminophen / Aspirin / Caffeine Pain Relief, Tablet 100Ct | Bottle of 100 | \$8.00 |
| 1067 | GoodSense Epsom Salt 16oz 1Ct | Each | \$5.00 |
| 1195 | GoodSense Hemorrhoid Ointment 2oz 1Ct | Each | \$7.00 |
| 1707 | Akron Pharma Hemorrhoid Hygiene Pads w Witch Hazel 100Ct | Jar of 100 | \$8.00 |
| 1205 | Medline Naproxen Sodium Tablet 220mg 100Ct | Bottle of 100 | \$10.00 |
| 1192 | Capsaicin Analgesic Pain Relief Cream 2.1oz Tube 1Ct | Each | \$8.00 |
| 1209 | Ultra Strength Muscle Rub Cream 3oz 1Ct | Each | \$6.00 |
| 1708 | CareAll Muscle Joint Vanishing Scent Gel Menthol 3oz 1Ct | Each | \$6.00 |
| 1251 | MyDerm Aloe Gel Lidocaine Pain Reliever 8oz 1Ct | Each | \$7.00 |
| 1711 | Ice Blue Menthol 2% Pain Gel 16oz. 1Ct | Each | \$10.00 |
| 1646 | MyDerm Bite Relief Benzocaine Ointment 1.75oz 1Ct | Each | \$8.00 |
| 1714 | Cooling Migraine Headache Pads 3Ct | Box of 3 | \$5.00 |
| 1712 | Beyond BodiHeat 12-Hour Pain Relief Heat Pads 4Ct | Box of 4 | \$8.00 |
| 1644 | Medi-First Insect Sting Relief Pads 10Ct | Box of 10 | \$9.00 |
| 1643 | GoodSense X-Strength Medicated Cold/Hot Patch Small 5Ct | Box of 5 | \$8.00 |
| 1710 | TheraCare Max Strength Pain Relief 4% Lidocaine Patch 5Ct | Box of 5 | \$9.00 |
| 1187 | Aspercreme with Lidocaine Pain Relieving Cream 2.7oz 1Ct | Each | \$15.00 |

Stop Smoking

| Item No. | Description | Pkg. | Price |
|----------|---|------------|---------|
| 1726 | GoodSense Nicotine Gum 2mg Mint 110Ct | Box of 110 | \$40.00 |
| 1213 | Rugby Nicotine Stop Smoking Patch Step One 21mg 14Ct | Each | \$35.00 |
| 1214 | Rugby Nicotine Stop Smoking Patch Step Three 7mg 14Ct | Each | \$35.00 |
| 1212 | Rugby Nicotine Stop Smoking Patch Step Two 14mg 14Ct | Each | \$35.00 |

Mobility & Accessibility

Bath Safety Equipment

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1005 | Medline Rubber Bath Mat, 13.4in x29in White 1Ct | Each | \$15.00 |

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1635 | Medline Handheld Shower Kit 1Ct | Each | \$25.00 |
| 3356 | Medline 24in Knurled Chrome Grab Bar, 250lb Capacity 1Ct | Each | \$25.00 |
| 1008 | Medline Nonslip Tub and Stair Safety Treads 8Ct | Each | \$5.00 |
| 1003 | Medline Knockdown Bath Bench with Arms and Back, 350lb Capacity 1Ct | Each | \$50.00 |

Canes & Accessories

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1145 | Medline Folding T-Handle Aluminum Cane 250lb Black 1Ct | Each | \$15.00 |
| 1474 | Medline Offset Handle Aluminum Cane 300lb Chrome 1Ct | Each | \$10.00 |
| 1147 | Medline Offset Handle Aluminum Cane 300lb Cap Black 1Ct | Each | \$10.00 |
| 4156 | Medline Standard Aluminum Black Cane 1Ct | Each | \$10.00 |

Toilet Safety Rails & Seats

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 1634 | Medline Guardian Toilet Safety Rails, 300lb Capacity 1Ct | Each | \$50.00 |
| 1773 | Medline Locking Raised Toilet Seat with Arms, 350lb Capacity 1Ct | Each | \$45.00 |
| 1004 | Medline Guardian Economy Raised Toilet Seat, 250lb Capacity 1Ct | Each | \$25.00 |



1145

Medline Folding T-Handle Aluminum Cane 250lb Black 1Ct

Compact, lightweight aluminum design folds for travel. Contoured handle for a better grip. 23"-26" height adjustable.



1634

Medline Guardian Toilet Safety Rails 2Ct

Height-adjustable handles rotate for best positioning. Easy to install with included bracket. 300 lb. weight capacity.

Nutrition

Medical Nutrition

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 3803 | Boost Glucose Control, Very Vanilla 1Ct | Each | \$10.00 |

Personal Care

Bath & Body Care

| Item No. | Description | Pkg. | Price |
|----------|---|----------|---------|
| 1720 | GoodSense Soothing Oatmeal Bath Treatment, 1.5oz, 8Ct | Box of 8 | \$9.00 |
| 1718 | Medline Soothe & Cool Cornstarch Body Powder 14oz 1Ct | Each | \$5.00 |
| 1428 | Remedy Phytoplex No-Rinse Foam Cleanser 8oz 1Ct | Each | \$10.00 |

Cotton Balls & Swabs

| Item No. | Description | Pkg. | Price |
|----------|--|-------------|--------|
| 1051 | Medline Nonsterile Cotton Balls Medium 1in 200Ct | Bag of 200 | \$5.00 |
| 1647 | Simply Soft Cotton Swabs 300Ct | Pack of 300 | \$5.00 |

Ear Care

| Item No. | Description | Pkg. | Price |
|----------|--|------|--------|
| 1035 | Dr. Sheffield's Ear Wax Removal Drops 15mL 1Ct | Each | \$5.00 |

Eye Care

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1037 | Ketotifen Fumarate Eye Itch Relief Drops 0.17oz 1Ct | Each | \$12.00 |
| 1630 | Artificial Tears Lubricant Eye Drops 1/2oz 1Ct | Each | \$6.00 |
| 1036 | GoodSense Irritation Relief Eye Drops 15 mL 1Ct | Each | \$5.00 |
| 1631 | Refresh Plus Lubricant Eye Drops Single Containers 30Ct | Each | \$24.00 |

Feminine Care

| Item No. | Description | Pkg. | Price |
|----------|---|-----------|---------|
| 1815 | Fiore Light Daily Panty Liners Long 40Ct | Box of 40 | \$10.00 |
| 1202 | Miconazole Nitrate 2% 7-Day Vaginal Cream With Applicator | Each | \$10.00 |

Foot Care

| Item No. | Description | Pkg. | Price |
|----------|--|-----------|---------|
| 1440 | Medline Gel Hallux Bunion Guard 1Ct | Each | \$10.00 |
| 1433 | GoodSense Corn Cushions 9Ct | Pack of 9 | \$5.00 |
| 3685 | Scott Foot Care Medicated Corn Removers 9Ct | Pack of 9 | \$5.00 |
| 1120 | Dr. Sheffield's Athlete's Foot Cream 0.5oz 1Ct | Each | \$7.00 |
| 1441 | Medline Gel Hammer Toe Crest 1Ct | Each | \$9.00 |
| 1974 | Silipos Therastep Gel Toe Protector 1Ct | Each | \$10.00 |
| 1442 | Medline Gel Toe Straighteners 4Ct | Each | \$15.00 |
| 1132 | CURAD Medioplast Wart Remover Pads 2x3 1Ct | Each | \$2.00 |
| 1138 | Gold Bond Medicated Foot Powder 4oz | Each | \$10.00 |

Hand Sanitizers & Wipes

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 3305 | Medline Spectrum Advanced Hand Sanitizer Gel 4oz 1Ct | Each | \$4.00 |
| 3709 | Germ-X Moisturizing Hand Sanitizer 8oz 1Ct | Each | \$10.00 |
| 1071 | Medline Spectrum Advanced Hand Sanitizer Wipes 6x6.75 160Ct | Each | \$10.00 |

Lip Balms & Treatments

| Item No. | Description | Pkg. | Price |
|----------|---|-----------|--------|
| 1158 | GoodSense Medicated Lip Balm Treatment, 0.25oz, 2Ct | Pack of 2 | \$5.00 |
| 1491 | GoodSense Lip Balm Regular, 0.15oz, 1Ct | Each | \$4.00 |

Oral Care

| Item No. | Description | Pkg. | Price |
|----------|---|------------|---------|
| 1487 | GUM Proxabrush Go-Betweens Teeth Cleaners 10Ct | Pack of 10 | \$6.00 |
| 1152 | Medtech Oral BrushPicks 275Ct | 1 Pack | \$6.00 |
| 1485 | Extra Strength Denture Adhesive Mint 2oz 1Ct | Each | \$5.00 |
| 1876 | Denture Brush With Easy-Grip Handle Medium 1Ct | Each | \$5.00 |
| 1155 | Denture Cleanser Tablets 90Ct | Box of 90 | \$8.00 |
| 1154 | Freshmint Waxed Mint Dental Floss 100yd | Each | \$3.00 |
| 1157 | GoodSense Mint Flossers 90Ct | Bag of 90 | \$5.00 |
| 1492 | Medline Mouth Moisturizer Oral Gel 3g Pkt 1Ct | Each | \$1.00 |
| 1482 | Biotene Dry Mouth Moisturizing Spray 1.5oz 1Ct | Each | \$12.00 |
| 1160 | Dr. Sheffield's Oral Toothache Relief Gel .33oz 1Ct | Each | \$5.00 |
| 1880 | Disposable Tongue Scraper with Brush Twin-Pack | Pack of 2 | \$4.00 |
| 3684 | Colgate Sonic Adult Battery Powered Toothbrush 1Ct | Each | \$15.00 |
| 1149 | Conair InterPlak Rechargeable Cordless Toothbrush 1Ct | Each | \$35.00 |
| 1163 | Medline Super Soft Wrapped Adult Toothbrush 1Ct | Each | \$2.00 |
| 1151 | Colgate 360 Sonic Replacement Brush Heads Soft 2Ct | Each | \$10.00 |
| 1494 | Fresh Mint Sensitive Teeth Toothpaste 4.3oz 1Ct | Each | \$5.00 |
| 1479 | Aim Cavity Protection Mint Gel Toothpaste 5.5oz 1Ct | Each | \$4.00 |
| 1161 | Pepsodent Complete Care Toothpaste 5.5oz 1Ct | Each | \$4.00 |
| 1480 | Biotene Alcohol-Free Dry Mouth Mouthwash 16oz 1Ct | Each | \$15.00 |

Skin Care

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 2045 | MyDerm Aloe Gel 16oz 1Ct | Each | \$10.00 |
| 1645 | Major Calamine Lotion 6oz 1Ct | Each | \$6.00 |
| 1246 | Remedy Phytoplex Skin Cream Moisturizer Scented 8oz 1Ct | Each | \$8.00 |
| 2053 | Remedy Enlivaderm Hydrating Serum 4oz 1Ct | Each | \$10.00 |
| 1076 | CareAll Petroleum Jelly 13oz 1Ct | Each | \$6.00 |
| 1517 | Remedy Phytoplex Hydraguard Silicone Skin Cream 4oz 1Ct | Each | \$9.00 |
| 1247 | Medline Remedy Intensive Skin Therapy Repair Cream 4oz 1Ct | Each | \$10.00 |
| 2046 | Remedy Intensive Skin Hydraguard-D Barrier Cream 4oz 1Ct | Each | \$5.00 |
| 1716 | Gentell Vitamin A&D+E Ointment 13oz 1Ct | Each | \$12.00 |
| 1527 | SPF 50 Sunscreen Lotion 8oz Bottle 1Ct | Each | \$10.00 |
| 1252 | Solar Screen SPF 30 Ultra Sunscreen Lotion 8oz 1Ct | Each | \$12.00 |
| 1115 | Remedy Phytoplex Z-Guard Skin Protectant Paste 4oz 1Ct | Each | \$10.00 |
| 1605 | Gentell Zinc Oxide Skin Protectant Ointment 16oz 1Ct | Each | \$15.00 |

Wipes & Cloths

| Item No. | Description | Pkg. | Price |
|----------|---|-------------|---------|
| 1723 | Medline Ultrasoft Disposable Dry Cleansing Cloth 12x14in 90Ct | Pack of 90 | \$6.00 |
| 1719 | Medline FitRight Aloe Quilted Personal Wipes, Soft Pack with Flip Top 48Ct | 1 Pack | \$5.00 |
| 1103 | Medline FitRight Aloe Personal Wipes Scented, Soft Pack with Flip Top 100Ct | Pack of 100 | \$6.00 |
| 1117 | ReadyFlush SELECT Biodegradable Flushable Wipes, Soft Pack with Flip Top 48Ct | Pack of 48 | \$5.00 |
| 2316 | Remedy Phytoplex Barrier Cream Cloth 8x12 Scented, Soft Pack 48Ct | Pack of 48 | \$10.00 |

Physical Therapy

Daily Living Aids

| Item No. | Description | Pkg. | Price |
|----------|--------------------------------------|------|---------|
| 2188 | Medline Pistol Grip Reacher 26in 1Ct | Each | \$10.00 |
| 2126 | Medline Pistol Grip Reacher 32in 1Ct | Each | \$10.00 |



1639

CURAD Hot or Cold Therapy Water Bottle 1Ct

Flexible, ridged rubber conforms to body contours yet remains breathable. Easy-fill wide mouth. Holds 2 quarts..



1651

Medline Heart Rate Monitor Pedometer Watch 1Ct

Water-resistant with pulse sensors for continuous monitoring. Alarms, stopwatch, countdown, stores last 50 days of steps.

Exercise Bands, Balls & Tubing

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 2117 | Medline Green Latex Exercise Band Medium 6yd 1Ct | Each | \$15.00 |

Hot & Cold Therapies

| Item No. | Description | Pkg. | Price |
|----------|--|------|---------|
| 1041 | Medline Accu-Therm Reusable Hot/Cold Gel Pack 5x10 1Ct | Each | \$10.00 |
| 1639 | CURAD Hot or Cold Therapy Water Bottle 1Ct | Each | \$15.00 |

Wearable Technology

| Item No. | Description | Pkg. | Price |
|----------|---|------|---------|
| 1651 | Medline Heart Rate Monitor Pedometer Watch, Black 1Ct | Each | \$30.00 |
| 4153 | Deluxe Pedometer with Steps, Distance, and Calories | Each | \$20.00 |

Vitamins & Supplements

Amino Acid

| Item No. | Description | Pkg. | Price |
|----------|---|---------------|--------|
| 1746 | Mason Natural L-Lysine Tablet 500mg 100Ct | Bottle of 100 | \$8.00 |

Digestive Health & Nausea

| Item No. | Description | Pkg. | Price |
|----------|---|---------------|---------|
| 1729 | Geri-Mox Reg Strength Antacid & Antigas Liquid 12oz 1Ct | Each | \$6.00 |
| 1733 | Loperamide Anti-Diarrheal Caplets 2mg 12Ct | Box of 12 | \$5.00 |
| 1730 | Ultra Strength Simethicone Gas Softgels 180mg 60Ct | Bottle of 60 | \$7.00 |
| 1731 | GeriCare Chewable Gas Relief Tablets 80mg 100Ct | Bottle of 100 | \$10.00 |
| 1222 | Ultra Calcium Carbonate Antacid Soft Chew 1177mg 36Ct | Bag of 36 | \$7.00 |
| 1215 | Famotidine Acid Reducer Heartburn Tablet 10mg 30Ct | Box of 30 | \$5.00 |

| Item No. | Description | Pkg. | Price |
|-----------------|--|---------------|--------------|
| 3691 | Pink-Bismuth Tablets Original Flavor 30Ct | Box of 30 | \$6.00 |
| 1732 | Major Lactase Dairy Digestive Aid Caplets 3,000FCC 60Ct | Bottle of 60 | \$10.00 |
| 2211 | Bisacodyl Laxative Tablet 5mg 25Ct | Bottle of 25 | \$4.00 |
| 1240 | Docusate Sodium Stool Softener Softgel 100mg 100Ct | Bottle of 100 | \$7.00 |
| 1727 | GoodSense ClearLax Powder Laxative 4.1oz 1Ct | Each | \$10.00 |
| 1234 | Medline Senna Natural Vegetable Laxative Tablets 8.6mg 100Ct | Bottle of 100 | \$7.00 |
| 1231 | GeriCare Milk of Magnesia 12oz 1Ct | Each | \$6.00 |
| 1237 | Medline Pure & Gentle Saline Enema Laxative 4.5oz 1Ct | Each | \$4.00 |
| 1218 | Flavored Reg Strength Alkum Antacid Tablets 500mg 150Ct | Each | \$5.00 |

Minerals

| Item No. | Description | Pkg. | Price |
|-----------------|--|---------------|--------------|
| 1259 | Calcium Tablet 600mg 150Ct | Bottle of 150 | \$7.00 |
| 1748 | Chewable Calcium with Vitamin D3 Tablet 500mg 60Ct | Bottle of 60 | \$7.00 |
| 1747 | Calcium Citrate 315mg + Vitamin D3 250IU Tablets 100Ct | Bottle of 100 | \$14.00 |
| 1749 | Calcium with Vitamin D3 Tablet 600mg 300Ct | Bottle of 300 | \$16.00 |
| 1754 | GoodSense Chocolate Calcium Chews 650mg 60Ct | Bottle of 60 | \$12.00 |
| 1269 | Ferrous Sulfate Iron Tablet 325mg 100Ct | Bottle of 100 | \$6.00 |
| 1745 | GeriCare Magnesium Oxide Tablet 400mg 120Ct | Bottle of 120 | \$9.00 |

Multivitamins

| Item No. | Description | Pkg. | Price |
|-----------------|---|---------------|--------------|
| 1276 | Sentry Multivitamin & Mineral Tablets 130Ct | Bottle of 130 | \$14.00 |
| 1744 | Yum-V's Adult Gummy Multivitamins 60Ct | Bottle of 60 | \$12.00 |

| Item No. | Description | Pkg. | Price |
|----------|--|---------------|---------|
| 1267 | Healthy Eyes Multivitamin Mineral Tablets with Lutein 60Ct | Bottle of 60 | \$10.00 |
| 1261 | 21st Century Sentry Senior Multivitamin Mineral Tablet 100Ct | Bottle of 100 | \$12.00 |

Supplements

| Item No. | Description | Pkg. | Price |
|----------|---|---------------|---------|
| 1258 | Biotin B7 Vitamin Tablets 500mcg 60Ct | Bottle of 60 | \$11.00 |
| 1265 | Coenzyme Q10 Softgel 100mg 30Ct | Bottle of 30 | \$12.00 |
| 3416 | Medline Flaxseed Oil Softgel 1000mg 60Ct | Bottle of 60 | \$8.00 |
| 1755 | Triple Strength Glucosamine 750mg Chondroitin 600mg, Tablet 100Ct | Bottle of 100 | \$30.00 |
| 1757 | True Plus Glucose Chewable Tablets Orange 4g 50Ct | Bottle of 50 | \$9.00 |
| 1275 | PlusPharma Melatonin Tablets 5mg 30Ct | Bottle of 30 | \$7.00 |
| 3378 | Medline Fish Oil Softgel 1000mg 90Ct | Bottle of 90 | \$10.00 |
| 1743 | Alpha Lipoic Acid Capsules 300mg 50Ct | Each | \$20.00 |
| 1734 | Natural Psyllium Fiber Powder Supplement 10oz 1Ct | Each | \$18.00 |



1271

Folic Acid Supplement 400mcg 100Ct

Easy-to-swallow vitamin B9 supplement contains 168% of daily value.



1676

Vitamin C Ascorbic Acid Tablet 500mg 100Ct

One small tablet contains 833% of daily value of vitamin C.

Vitamins

| Item No. | Description | Pkg. | Price |
|----------|--|---------------|---------|
| 1271 | Folic Acid Supplement 400mcg, Tablet 100Ct | Bottle of 100 | \$7.00 |
| 1286 | 21st Century Vitamin A Softgels 10,000IU 110Ct | Bottle of 110 | \$6.00 |
| 1753 | Vitamin B Complex Tablets 100Ct | Bottle of 100 | \$8.00 |
| 1291 | Vitamin B12 Tablet 500mcg 100Ct | Bottle of 100 | \$7.00 |
| 1292 | GeriCare Vitamin B-6 Tablet 100mg 100Ct | Bottle of 100 | \$10.00 |
| 1750 | Vitamin C-500 Chewable Tablets 500mg 110Ct | Bottle of 110 | \$9.00 |
| 1293 | Vitamin C Ascorbic Acid Tablet 500mg 100Ct | Bottle of 100 | \$6.00 |
| 1751 | ImmuBlast Immune System Chewable Tablet 32Ct | Bottle of 32 | \$8.00 |
| 1295 | Vitamin D3 Tablets 50mcg 250Ct | Bottle of 250 | \$10.00 |
| 1632 | Bausch + Lomb AREDS2 PreserVision Eye Vitamin, Softgel 120Ct | Each | \$50.00 |
| 2173 | PreserVision AREDS 2 Eye Vitamin Mini Softgels 60Ct | Each | \$35.00 |



STEP 1 Complete your information below:

Member ID

Date of Birth

First Name

Last Name

Street Number

Street Name

Apt/Suite

City

State

ZIP

Daytime Phone #

Email (Optional)

STEP 2 Pick your products

| Item # | Product Description | Quantity | Price |
|--------|---------------------|----------|-------|
| | | | \$ |
| | | | \$ |
| | | | \$ |
| | | | \$ |
| | | | \$ |
| | | | \$ |
| | | | \$ |
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| | | | \$ |
| | | | \$ |
| | | | \$ |

Total Order: \$ _____

STEP 3 Place your order

OTC Servicing Center 1910 Innovation way, Libertyville, IL 60048

If you place your order by mail using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to the benefit period in which we receive it.

About Mail Orders

- Products may be substituted throughout the year and pricing may vary. For the most up to date product catalog please refer to kp.org/otc/mas
- A mail order form may take up to 4 weeks to process.
- If your total amount exceeds your current available benefit balance, we will remove the last items added to the form until it is within your benefit balance.
- Cash, checks, credit cards or money orders are not accepted via mail.
- If your mail order includes any out-of-stock items, the order will be processed without out-of-stock items.
- To receive your order faster, place it online at: kp.org/otc/mas
- If you have any questions or need help placing your order, call Medline atHome OTC benefits customer service at 1-833-881-1422 (TTY: 711). They're available Monday-Friday, 8 a.m.–7 p.m. EST

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OTC benefit today.



Open the camera app

Focus the camera on the QR code by gently tapping the code

Follow the instructions on the screen to complete the action

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Monday—Friday

7 a.m.—6 p.m. PST

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