# **MORE HEALTH. LESS HASSLE.** SAME-DAY AND NEXT-DAY CARE

As a Kaiser Permanente member, you have many choices for getting quality care — when, where, and how you need it.



## E-visits powered by SmartExam

Get treatment online from a Kaiser Permanente doctor, including prescriptions, in less than an hour.<sup>1,2</sup>

kp.org/evisits/nw



### **Phone visits**

Have a condition that doesn't require an in-person exam? Save yourself a trip to the office by scheduling a call with your care team.<sup>1,2</sup>



### Video visits

Want a convenient, secure way to see a doctor no matter where you are? Meet by computer, smartphone, or tablet.<sup>1,2</sup>

#### kp.org/telehealth/nw



### Care Essentials<sup>®</sup> by Kaiser Permanente

Visit us at one of our locations for convenient same-day or next-day primary care. Evening and weekend appointments available. Walk-ins welcome.

careessentials.org



Not sure which care is right for you? Sign in to the Kaiser Permanente app, visit **kp.org/getcare**, or call us for advice at **1-800-813-2000** (TTY **711**).

<sup>1</sup>When appropriate and available. <sup>2</sup>These features are available when you get care at Kaiser Permanente facilities.



# SAME-DAY AND NEXT-DAY CARE NEAR YOU



### **Urgent care**

Visit a walk-in clinic if you have a condition that requires prompt medical attention (usually within 1 or 2 days) but is not an emergency.\*

Open 7 days a week, including evenings, weekends, and holidays. For the latest hours, go to **kp.org/locations**.

### KAISER PERMANENTE URGENT CARE LOCATIONS

<b>Beaverton Medical and Dental Office</b>	North Lancaster Medical Office
4855 SW Western Ave.	2400 Lancaster Dr. NE
Beaverton, OR 97005	Salem, OR 97305
<b>Interstate Medical Office South</b>	Longview-Kelso Medical Office
3500 N. Interstate Ave.	1230 7th Ave.
Portland, OR 97227	Longview, WA 98632
<b>Mt. Talbert Medical Office</b>	Cascade Park Medical Office
10100 SE Sunnyside Rd.	12607 SE Mill Plain Blvd.
Clackamas, OR 97015	Vancouver, WA 98684

### **AFFILIATE LOCATIONS**

**McMinnville Immediate Care** 207 NE 19th St. McMinnville, OR 97128

**Newberg Urgent Care and Medical Center** 2880 Hayes St. Newberg, OR 97132

### CARE ESSENTIALS LOCATIONS

**Care Essentials by Kaiser Permanente – Hawthorne** 3060 SE Hawthorne Blvd., Suite 1 Portland, OR 97214

**Care Essentials by Kaiser Permanente – Pearl** 1035 NW Northrup St. Portland, OR 97209

\*Nonemergency medical conditions can include minor injuries, backaches, earaches, sore throats, coughs, upper-respiratory symptoms, and frequent urination or a burning sensation when urinating.

Facility information current as of September 2019. Go to kp.org/locations to see all our current locations and hours (subject to change) and to find the facility closest to you. Or call Member Services at 1-800-813-2000 (TTY 711).

