

# Firefighter preplacement medical evaluation

In order to build a stronger future for your company, you need to protect the long-term health of your team. Preplacement medical evaluations play an essential role in your workforce health strategy by making sure your firefighters are healthy and up to the job – helping you prevent work-related illnesses and injuries. Plus, you'll have a baseline for future medical and workers' compensation issues.

## Ensure the health and safety of your firefighters

Preplacement medical examinations evaluate firefighters' health based on essential job tasks identified by you and the National Fire Protection Association (NFPA). They're designed to help you prevent potential safety issues before job candidates start. Optional tests and services can be added based on your specific needs or the recommendations of our evaluating physician. Evaluations include:

- **Occupational and medical history** – includes review of past injuries and illnesses and disabling claims related to cardiovascular and musculoskeletal conditions, back injuries, and other conditions per the NFPA 1582 standard for firefighters
- **Review of OSHA respirator questionnaire**
- **Review of local fire department job descriptions** – includes essential tasks, environmental factors, and staffing of specific departments

## A leader in occupational health

From our beginning days as a health plan for workers during World War II, we've supported occupational health programs and services – giving you and your employees the peace of mind that comes from partnering with an expert.

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- **Physical examination** – includes musculoskeletal evaluation based on past problems and current job tasks, focused back evaluation, neck and upper-extremity screening, and lower-extremity functional assessment
- **Visual acuity testing** – far, near, color, peripheral
- **Other NFPA-recommended exam components** – includes audiometry, spirometry, electrocardiogram (EKG), treadmill, urinalysis, purified protein derivative (PPD), complete blood count (CBC), comprehensive chemistry panel, and antibody measurements for mumps, rubella, rubeola, varicella, hepatitis B, and hepatitis C
- **Physician assessment and medical recommendations for placement** – includes respirator use, placement restrictions, or further evaluation before final employer decision
- **Voluntary discussion of wellness issues**

For more information on our occupational health and safety services, visit [kp.org/occupational-health](https://kp.org/occupational-health) or call:

California: **1-888-565-9675**

Hawaii: **1-888-683-2208**

Northwest: **1-888-414-3531, Option 1**

Washington: **1-866-967-9675**

Firefighter preplacement medical evaluations are not available in Hawaii.  
Information may have changed since publication.